

**Tilak Maharashtra Vidyapeeth's  
Indutai Tilak College of Physiotherapy, Pune**

Name of the event: Industrial visit at Tata Motors Grihini on occasion of "World Day for Safety and Health at Work"

Date and duration of the event: 26th April 2024 from 10am to 2pm.

Name of the participating faculty members: Dr. Smita Shinde, Dr. Sonam Jain, Dr. Kartiki Bhillare

Participating students for the event:

On occasion of "World Day for Safety and Health at Work" final year students were taken for an industrial visit at Tata Motors Grihini with an agenda to assess their work postures and worksite for ergonomic evaluation and preventive measures. Total 15 women who belonged to the tailoring, ironing and cutting section were assessed using the REBA scale. The women who complained of any pain or work related musculoskeletal disorders were assessed and treated accordingly. Others were given postural correction exercises and education related to maintaining ideal work postures and sufficient breaks. It was a very interactive session and the final year students could get an exposure of assessing workplace and work postures when actual work was being done.